Open Flanders SC: Session: 5: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Goossens Nicole HEADCOACH

Coaches: Vandermeulen Eric

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 27: 100M BACKSTROKE WOMEN — Heat:2, starttime: 10:13

Heat: 2/5 Lane : 6 Athlete: DELPORTE LOTTE — **Q-time: 01:09:37**

PB (25m pool): 01:09.37 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:10.94 **SB:** 01:09.37 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.38		01:09.37	
		00:33.38		*00:35.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M BACKSTROKE MEN — Heat:1, starttime: 10:46

Heat: 1/5 Lane : 6 Athlete: VERHAGEN ROBBE — **Q-time: 01:03:42**

PB (25m pool): 01:03.42 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:06.60 **SB:** 01:06.44 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.00		01:03.42	
		00:31.00		*00:32.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M BACKSTROKE MEN — Heat:4, starttime: 10:52

Heat: 4/5 Lane : 2 Athlete: VAN DE GENDER WOUT — **Q-time: 01:00:77**

PB (25m pool): 01:00.77 Temse 31/05/2026 **PB (50m pool):** 01:04.10 **SB:** 01:06.36 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:29.33		01:00.77	
		00:29.33		*00:31.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Open Flanders SC: Session: 5: COACH evaluation sheet for TEAM: STW

Event number: 33: 50M FREESTYLE WOMEN **Heat:2, starttime: 10:57**

Heat: 2/7 Lane : 5 Athlete: DELPORTE LOTTE **Q-time: 00:28:46**

PB (25m pool): 00:28.46 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:29.88 **SB:** 00:28.59 Sint-Amandsberg 18/10/2026

	25M	50M	
PB		00:28.46	
		00:28.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback: